



LAVACORETM
 ESSENTIAL EXPOSURE PROTECTION

sizing charts

(INTERNATIONAL)

Men's

	Height	Weight	Chest	Waist	Hips	Inseam
	ft./in.	lbs.	in.	in.	in.	in.
	cm.	kg.	cm.	cm.	cm.	cm.
Extra Small	5'2"-5'5"	135-155	34-37	28-31	34-37	26-29
	154-164	61-70	86-94	71-79	86-94	66-73
Small	5'4"-5'7"	150-175	36-39	30-33	36-39	27-30
	162-169	68-79	91-99	76-84	91-99	68-76
Medium	5'6"-5'9"	170-195	38-42	32-36	38-42	28-31
	167-175	77-88	96-106	81-91	96-106	71-79
ML	5'8"-5'11"	185-210	40-44	34-38	40-44	29-32
	172-180	84-95	101-112	86-96	101-122	73-81
Large	5'10"-6'1"	210-240	42-46	36-40	43-47	30-33
	177-185	95-109	106-116	91-101	109-119	76-84
XL	5'11"-6'2"	235-265	44-48	38-42	45-49	31-34
	180-188	106-120	112-122	96-106	114-124	79-86
XXL	6'0"-6'3"	255-285	46-50	40-44	47-51	32-35
	183-190	115-129	117-127	101-112	119-129	81-89
3XL	6'1"-6'4"	275-305	48-52	42-46	49-53	33-36
	185-193	125-140	122-132	106-116	124-134	84-91
4XL	6'2"-6'5"	295-325	50-54	44-48	51-55	34-37
	188-195	134-147	127-137	112-122	129-140	86-94
LS	5'7"-5'10"	210-240	42-46	38-42	45-49	27-30
	169-177	95-109	106-116	96-106	114-124	68-76
XLS	5'9"-6'0"	235-265	44-48	40-44	47-51	28-31
	175-183	106-120	112-121	101-112	119-129	71-79
XXLS	5'10"-6'1"	255-285	46-50	42-46	49-53	29-32
	177-185	115-129	117-127	106-116	124-134	73-81

Shorts

Turn to page 2 for Women's size chart

Women's

		Height	Weight	Bust	Waist	Hips	Inseam
		ft./in.	lbs.	in.	in.	in.	in.
		cm.	kg.	cm.	cm.	cm.	cm.
XXXS	4	4'9"-4'-11"	60-85	28-31	20-23	29-33	25-27
		145-150	27-38	71-79	51-58	73-84	63-68
XXS	6	4'11"-5'1"	70-95	30-33	22-25	31-35	26-28
		150-154	31-43	76-84	56-63	78-89	66-71
XS	8	5'1"-5'3"	90-115	32-35	24-27	33-37	27-29
		154-159	41-52	81-89	61-68	84-94	68-73
Small	10	5'3"-5'6"	110-135	34-37	26-29	35-39	28-30
		159-167	50-61	86-94	66-73	89-99	71-76
Medium	12	5'5"-5'8"	130-155	36-39	28-31	37-41	29-31
		164-172	59-70	91-99	71-78	94-104	73-79
ML	14	5'7"-5'10"	145-170	38-41	30-33	39-43	30-32
		169-177	66-77	96-104	76-84	99-109	76-81
L	16	5'8"-5'11"	160-185	40-43	32-35	41-44	31-33
		172-180	72-84	101-109	81-89	104-112	79-84
XL	18	5'9"-6'0"	175-195	42-45	34-37	43-46	32-34
		175-183	79-88	106-114	86-94	109-117	81-86
XXL	20	5'10"-6'1"	190-210	44-47	36-39	45-48	33-35
		177-185	86-95	112-119	91-99	114-122	84-89